



STEVE HAFFNER WINNING THE SHOPPING GAME!



Resources to help you keep WINNING!

ONLINE COURSE

The Skillful Shopper (coming soon!)

BOOKS

Dollars and Sense - Dan Ariely

Buy-ology - Martin Lindstrom

Why We Buy - Paco Underhill

Brandwashed - Martin Lindstrom

ARTICLES

7 Winning Ways to Fight Emotional Shopping & Control Your Spending

<https://bravesaver.com/2020/01/23/fight-emotional-shopping/>

Don't Drink and Shop

<https://www.fool.com/the-ascent/credit-cards/articles/dont-drink-and-shop/>

FORUMS

FACEBOOK Groups

- A Frugal Life
- Simple and Frugal Living
- Frugal Money-Smart Minimalists

Steve Haffner resources (www.SteveHaffner.com)

Invisible Mind Blocks newsletter - <https://www.stevehaffner.com/newsletter>

ebook: 7 Strategies for Making Great Decisions

Facebook page: <https://www.facebook.com/decisionperformance>

Twitter (@SteveHaffner): <https://twitter.com/SteveHaffner>